



MARCH 2011

PRESIDENT'S MESSAGE:

I trust that you all enjoyed our Healthy Heart Valentine program with Feldenkrais teacher **Jane Neilson**, who taught us "Awareness through Movement" and sensible eating. Many thanks to **Yen Bachmeier** for organizing this event and for the refreshment table with beautiful heart/veggie theme. Also, thanks to **Nancy Hagosian** and **Anna Cristoforo** for flower bouquets at the entrance. Please come to our March meeting and find out how you can transform your old neglected jewelry into new favorites. And the exciting Lunar New Year celebration on the 6th is an event NOT to be missed. See you all there!

Sima Talai

Meetings and Event

Monday, March 7th

10:00 AM Meeting of Executives and Standing Chairs
Hosted by **Clorinda Aldrich** at her home (Please RSVP 564-0236)

Monday, March 21st

01:00 PM General Meeting and Presentation
01:30 PM **Recycle Your Own Jewelry - Demonstration by JR Nuerge.**

Do you have some orphan jewelry that is old, unused, broken or just plain boring? **JR Nuerge** will present a mini-workshop this month to help you give your old jewelry a new life. She is a local interior designer and a jewelry recycler.

Bring old chains, chain belts, necklace, pins or earrings. JR will show how to recycle your pieces into fresh new baubles that fit your lifestyle today! You will see how your jewelry can be reused in great new ways.

You might want to take that old hat out of the closet and add a pin or new ribbon and wear it to our tea.

High Tea to follow. Buy a guest card and bring a friend.
This event is organized by **Nancy Hagosian** and **Eva Monroe**.

NOTES:

Lunar New Year Celebration – Don't miss this special event. The event will kick off at 2:00 PM with a rousing rhythmic lion-dance accompanied by drums and cymbals, followed by a beautiful fan-dance performed by students from Alice Fong Yu school. The festivities will conclude with a sumptuous buffet of dim sum and roast pigs! It doesn't get better than this! Bring the grand kids!

Guest Cards will be available for guest attending monthly meetings for \$3:00 each from **Louise Bacigalupi**. They may be purchased in advance or before meetings. Please call Louise at **753-2262** if you desire to purchase some.

Wanted Toiletries and sundries such as: dental supplies, combs, sewing kits, etc., for the community service meeting in April. Bring your donations to our monthly meetings or to **Clorinda Aldrich** at 544 Magellan. All small items will be appreciated.

UPCOMING EVENTS:

- April 18 – **Are We Ready?** Disaster Preparedness – Hosted by **Clorinda Aldrich**
- April 23 – **Children's Egg Hunt** organized by the Forest hill Family Club
- April 29 – **Gamble Garden Spring Tour**. 1431 Waverly Street, Palo Alto.
Cost \$50 per person for tour of six gardens and lunch. Contact **Darlene Hartman 731-4885** to sign up.